



## Learning Plan

Name	CRNNS Registration #
Real Nurse 1	2017-2

Learning Objective #2:	By September 2018, I will be able to utilize, explain and link First Nations cancer patients to at least 3 cultural support services.	
Standard and Indicator:	Standard 2: Knowledge Based Practice Indicator 2.7: Respecting diversity and promoting cultural competence and a culturally safe environment for clients and members of the health care team.	
Activities to Meet this Objective	Target Date	Completed
Engage with First Nations Health Coordinator in an informal interview.	Dec 2017	
Research services and supports available for culturally competent care of First Nations people.	Jan 2018	
Read 3 articles related to culturally competent caregiving in oncology settings.	Mar 2018	
Listen to one online webinar or podcast on experiences of cultural minorities in health care.	Mar 2018	
Create a list of services available to First Nations people and cultural minorities in my zone of the NSHA.	Jul 2018	

Evaluation Plan
How will I apply this to my nursing practice?
<ol style="list-style-type: none"> <li>1) Ask new patients and families about their cultural beliefs and preferences.</li> <li>2) Link patients and families with cultural/language services.</li> <li>3) Communicate patient’s cultural beliefs and preferences to chemotherapy clinic staff.</li> </ol>
What are the anticipated outcomes of applying this to my practice and how will I measure if it has occurred?
<ol style="list-style-type: none"> <li>1) Improved patient and family satisfaction with the cancer care system.</li> <li>2) Patients report support, respect and confidence in cancer health care providers.</li> <li>3) Increased self-confidence in assessing and addressing patient’s cultural care needs.</li> </ol>



## Learning Plan

Name	CRNNS Registration #
Real Nurse #2	2017-3

Learning Objective #1:	Increase knowledge in Dementia Care.	
Standard and Indicator:	<u>Knowledge-Based Practice</u> . 2.1 Using critical inquiry to access, plan, intervene, monitor and evaluate client care and related services.	
Activities to Meet this Objective	Target Date	Completed
Attend Alzheimer Society workshop and related certification specialty workshops in maintaining CNA Certification in Gerontology.	October 2017	October 2018
Review 1-2 articles from the CGNA Perspective Journals.	October 2017	October 2018

<b>Evaluation Plan</b>
<u>How will I apply this to my nursing practice?</u>
<p>I will apply knowledge based best practice to provide holistic client care.</p> <p>I will continue to maintain a quality practice environment by increasing my knowledge and insights on how to handle challenging behavior in dementia care.</p> <p>I will share and discuss my learned knowledge with colleagues and other members of the care team according to the CRNNS Standards of Nursing Practice and CAN Code of Ethics.</p>
<u>What are the anticipated outcomes of applying this to my practice and how will I measure if it has occurred?</u>
<p>Will provide a positive approach to Care, for example, use gentle persuasion to create a harmonious environment to help client and families transition to LTC.</p> <p>I will continue to be empathic and compassionate with family members.</p> <p>Collaborative team work will be achieved.</p> <p>During delivery of care the client will be calm and co-operative.</p> <p>Positive comments from the family that their loved one is well taken care of.</p>



## Learning Plan

Name	CRNNS Registration #
Real Nurse #3	2017-4

Learning Objective #2:	Acquire knowledge of and obtain certification in accessing portacaths.		
Standard and Indicator:	Standard 1: Responsibility and Accountability 1.2 Attaining, maintaining and demonstrating the appropriate competencies (knowledge skills and judgement) to practice safely and provide client-centered care.		
Activities to Meet this Objective	Target Date	Completed	
1. Identify manuals, texts, policies and procedures for accessing portacaths as well as care and maintenance of same.	November 2017		
2. Study learning modules for accessing, care and maintenance of portacaths.	November 2017		
3. Attend a learning session for portacath accession and maintenance.	November 2017		
4. Complete proper technique and procedure for accessing portacaths and return demonstration with certified evaluator.	December 2017		

<b>Evaluation Plan</b>
<p><u>How will I apply this to my nursing practice?</u></p> <p>I will be able to utilize this in my practice by providing a safer, more comfortable, less invasive approach to IV administration for the clients encounter. I anticipate that I could be a resource to my fellow co-workers as well as being available to additional areas in the hospital if the need were to arise for accessing portacaths.</p>
<p><u>What are the anticipated outcomes of applying this to my practice and how will I measure if it has occurred?</u></p> <p>I will improve my personal growth and professional development as evidenced by having a sound knowledge of the management and care of portacaths.</p>



## Learning Plan

Name	CRNNS Registration #
Real Nurse #4	2017-5

Learning Objective #2:	Increase my knowledge base on best practices in wound care.		
Standard and Indicator:	Standard 1: Responsibility and Accountability Indicator 1.2 Attaining, maintaining and demonstrating the appropriate competencies (knowledge, skills and judgement) to practice safely and provide client-centred care.		
Activities to Meet this Objective	Target Date	Completed	
1. I will attend the Wound, Ostomy and Continence Care Education session provided by the Canadian Association for Enterostomal Therapy.	Nov 2017		
2. I will obtain and review best practice wound care guidelines on unit.	Jan 2018		
3. I will attend any wound care conferences provided by my employer.	May 2018		

<b>Evaluation Plan</b>
<u>How will I apply this to my nursing practice?</u>
I will apply this to my nursing practice by using the information I obtain to provide best wound care practices to my clients. Also I will share my new knowledge with my colleagues to better our overall wound care practices on our unit.
<u>What are the anticipated outcomes of applying this to my practice and how will I measure if it has occurred?</u>
The anticipated outcomes of applying this to my practice will be better wound care practice in our department with quicker healing times and less wound infections. I can measure if this has occurred by reviewing charts in our department to determine if any changes in healing time/infection rates has occurred.



## Learning Plan

Name	CRNNS Registration #
Real Nurse #5	2017-1

Learning Objective #2:	To increase my knowledge of culturally diverse and inclusive services that would enhance the quality of care for clients and /or families who may have an existing barrier to health services due to language or cultural differences.	
Standard and Indicator:	Standard2: Knowledge-Based Practice Indicator 2.7 : Respecting diversity and promoting cultural competence-and a culturally safe environment for clients and members of the health care team.	
Activities to Meet this Objective	Target Date	Completed
1. Review the resources for interpretative services that are available to clients within the local area and NSHA, as listed on NSHA health intranet .	December 2017	
2. Read document; Nova Scotia's Culture Action Plan 2017- A comprehensive plan to develop culture and diversity in NS communities.	January 2018	
3. Read document ; N.S. Provincial Diversity and Inclusion Framework 2017-20 & review The Five Framework Pillars - to guide the implementation of diversity and inclusion initiatives throughout the health system.	March 2018	
4. In discussion with my manager , request to participate in one learning session to learn more about local cultural supports available.	June 2018	

Evaluation Plan
<p><u>How will I apply this to my nursing practice?</u></p> <p>I will be more knowledgeable of the services available to clients and be better able to support clients / families within a culturally sensitive perspective.          To identify this learning need with my manager and also be able to share my learnings with coworkers/peers during scheduled team meetings.</p>
<p><u>What are the anticipated outcomes of applying this to my practice and how will I measure if it has occurred?</u></p> <p>The anticipated outcome within my practice would be to provide competent care that is family centered as well as being safe/inclusive to meet their specific needs.          This can be measured by observing clients' reactions and responses to the supports being offered, and through discussion with clients to determine if their needs have been met.          Measure: I will reflect on how the use of my new learnings has impacted my practice and observe whether a positive change has occurred in the care that I provide to clients.</p>